

Media Contact:

Katie Mayer The Artigue Agency 480-313-8528 Katie@artigueagency.com

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PHOENIX ATTORNEY TO RUN A MARATHON IN ALL 50 STATES AND ON EVERY CONTINENT

Final marathon in October accomplishes life goal after cancer scare

PHOENIX, **Ariz.** (September 10, 2015) – Gallagher & Kennedy shareholder Mark Dangerfield will reach his 10-year goal of running a marathon or ultramarathon in all 50 states and on all seven continents as he runs his final marathon in Kansas City, Missouri on October 17.

At age 65 and after battling a cancer scare, Mr. Dangerfield, of Mesa, will soon join the short rank of runners who have accomplished this feat worldwide.

"After my cancer scare years ago, the blessing of good health followed," said Dangerfield. "That time in my life keeps me focused every day on how wonderful it is to move, walk and run."

As if rising to the challenge of running about seven marathons a year isn't tough enough, Mr. Dangerfield also competes in his age group for time and nearly always places in the top three. He stays healthy by running 30-50 miles per week and eating a mostly plant-based diet. To date, Mr. Dangerfield has run a total of 74 marathons or ultramarathons without a single DNF ("did not finish") among them.

Making his marathon quest even more interesting Mr. Dangerfield, as a member of the Church of Jesus Christ of Latter-day Saints, doesn't run Sunday races, leading to some unique races in some states.

"Besides the travel and competition, running has also allowed me to meet all sorts of interesting people from all over the world," he said.

Mr. Dangerfield earned his J.D. in 1986 from Harvard University and his B.A., *magna cum laude*, in 1975 from Brigham Young University.

About Gallagher & Kennedy

Established in 1978, Gallagher & Kennedy is an Arizona-based law firm with nearly 100 attorneys in offices in Phoenix and Santa Fe, New Mexico. Gallagher & Kennedy's clients range from Fortune 500 companies to small businesses and individuals. Clients represented include Freeport-McMoRan Inc., the Arizona Diamondbacks, the Arizona Cardinals, Bank of America and MidFirst Bank. For more information, please visit www.gknet.com or call 602-530-8000.